

Dr.N.HEMALATHA, MA., MSW., MBA.,MSC(Psychology)M.Phil.,Ph.D.

Assistant Professor,Senate Member
PG & Research Department of Social Work
Shrimati Indira Gandhi College
Tiruchirappalli 620 002



E-mail id:

hemalatha@sigc.edu

hema.igc@gmail.com

Area of specialization : Medical & psychiatry

Professional Membership: Senate Member,

Tamil Nadu Counsellors and Psychotherapist Association : Member Global
Professors Association: Member.

Sona Academy : Member

ADDITIONAL RESPONSIBILITIES:

Alumnae Association Member

Placement co coordinator

Student's Counsellor

Association Secretary

Research Committee

CELL FOR PREPARING PROPOSALS FOR FUNDING AGENCIE'S MEMBER

PROFESSIONAL EXPERIENCE:

- 15 years total Experience
- 1 year Worked as a Head, Department of Social Work at Mruthu Pandiyar College, Thanjavur.
- 14 years of dedicated service at Shrimati Indira Gandhi College, Trichy.

INSTITUTION INNOVATION COUNCIL - INTERNSHIP

COORDINATOR:

Shrimati Indira Gandhi College,

Tiruchirappalli, Pin: 620002

Tamilnadu, India

PATTENT:

TITLE OF THE INVENTION

PRODUCTION OF ECO-FRIENDLY BIO PLASTIC CUPS FROM
AGRO WASTES

TNSCST PROJECT:

Cash Award Received From Tamil Nadu State Council for Science and Technology

Research Experience :

No of Scholars who have taken their M.Phil under my guidance and their details:

- 1.B.ESWARI
2. A.DIVYADHARSHINI
- 3.I.REMILA JONES
- 4.S.HINDUJA
- 4.V.KIRUBA

NO OF RESEARCH ARTICLES PUBLISHED:

INTERNATIONAL JOURNALS:

- ”A Study on Absenteeism of Employees and labour turnover among Omega PVT. LTD., Trichy. Published in JETIR ISSN UGC Approved (Journal No: 63975) &5.87 Impact Factor Published in Volume 6 Issue 6,June 2019-Date of Publication 2019-6-10.
- A Study On The Problem Faced by HIV +Ve Children Who Came To Trust Me for Support in the Journal of Business Management and Social Science Research, Blue Ocean Research Journals, Volume 2,No:9,September 2013, ISSN:NO:2319-614.
- A Study On Parental Investment In Child Among The Working Parents in the Research Journals of Sociology Vol.1, NO: 1 November 2013.
- A Study On Depression Among HIV/AIDS Persons in the Blue Ocean Research Journals Vol., 3, NO: 7 July 2014.
- A Study On Employee Turnover at Prime Star Fashions, Tirupur in The Blue Ocean Research Journals Volum4, April 2015.
- A Study On Problem Faced by Sperm Donor Insemination Among Childless Women IN the International Journal of Management and Social Science. Vol.4.ISSUE:08,Aug 2016,ISSN:2321-1784,(Impact Factor-5.276)
- “A Study on problem faced by pregnancy women” At Ramakrishna Nursing Home, Trichy, in the International Journal in Management and Social Science.Vol:04, ISSUE 08(Aug 2016) ISSN:2321-1784(Impact Factor-276).
- “A Study on Mental Health Problem Faced by Breast Cancer Patient in Harsha Mithra Hospital at Trichy “in the International Journal OF Creative Research Thoughts (IJCRT), Volume 9.Issue 9 September 2021,ISSN 2320-2882
- “A Study on Mental Health Problem Faced Frontline Hospital Health Workers at Trichy “in the International Journal of Current Science.Volume12, Issue 2

June 2022, Date of Publication:10 June 2022.8.17 Impact Factor by Google Scholar.

- “The Level of Impact on Social Media to School Students” in the International Journal OF Creative Research Thoughts ISSN:2320-2882, Volume 10 Issue 5 May 2022, Date of Publication 20 May 2022.UGC Approved Journal No:49025(18).7.95 Impact Factor by Google Scholar.
- “Study on Life Style Among Security Guards” in the International Journal of Research and Analytical Reviews (IJRAR). E-ISSN: 2348-1269, P-ISSN:2349-5138 7.97 Impact Factor by Google Scholar,Volume 10 Issue 5 May 2022,Date of Publication :31-May – 2022.

LIST OF PAPERS PRESENTED:

NATIONAL CONFERENCES:

- Presented a paper entitled A Study on Labour Absenteesism of Employees India Cement Limited, Sankakiri, Salem. National conference on” Trends and Research in Management” held at oxford Engineering college, Trichy on Janauary 28th, 2011.
- Presented paper titled “A Study On Employee Retention Techniques” organized by Bon secours college for women, Thanjavur on 2nd & 3rd march 2012.

INTERNATIONAL CONFERENCES:

- Dr.N.Hemalatha, Assistant Professor, PG and Research Department of Social Work, Shrimati Indira Gandhi College,Trichy has Attended the 4th One Day International Conference on “Challenges & Responses of Organization During Turbulent Global Business Environment” held on 4th June 2019 at Life Long Learning Academy, 10 Arumugam Road, 07-02 LTC, “A” Building, Singapore 409957 Organized by Primax Foundation, Bengaluru, Karnataka, India. I Presented a Paper Tittle “A Study on Mental Health Problems Faced by an Employees in the High Energy Batteries India Ltd.”
- Presented a Paper in the International Seminar on Recent Development and Emerging Trends in Social Work Research Title “A Study On Employee Retention Techniques”

PARTICIPATION IN WORKSHOP/CONFRENCES:

- Attended the “Day Long Inter National Workshop On Innovative Research Publication In Finance” held on 5th July 2019 at Shrimati Indira Gandhi Campus, Tiruchirappalli.
- Participated in National Seminar on “recent trends in welfare of the differently abled persons: Rights, Welfare, Social Integration and main streaming” organized by Bharathidasan university, Tiruchirappalli on February 24, 2012 .
- Participated in National Two days National conference on “Working with Youth, Women and children with HIV/AIDS: Strategic Interventions for Inclusive

Development” organized by Department of social work, Bharathidasan university on 27th &28th march 2012.

- Participated in Three Days International Workshop on “Strengthening Counselling skills For Social workers” held at Bharathidasan University, Trichy on Feb 17th to 19th December 2014.
- Participated International seminar titled on AT HIGH RISK SECTIONS OF SOCIETY organized by Department of social work, Bharathidasan University In Collaboration With Sshrimati Indira Gandhi College,Trichy held at bharathidasan university, Trichy on 5th February 2016.
- Participated in National Seminar on social work in mental health organized by Department of social work, Bharathidasan university on March 24th to 25th march 2017.

AWARDS OWN:

CERTIFICATE OF MERIT AWARD:

Producing 100% result(s) during the Academic Year 2008-2009 in (8) Papers –
Award Received From Marudupandiyar College

CASH AWARD:

CASH AWARD received from Shrimati Indira Gandhi College, Trichy for Attended and Presented a Paper at the INTER NATIONAL CONFERENCE HELD AT SINGAPORE.

ORGANIZING COMMITTEE MEMBER

Member of The Organizing Committee at the International seminar on “At High Risk Sections of Society” Organized by the PG and Research Department of Social Work Shrimati Indira Gandhi College,Trichy and Department of social work, Bharathidasan University on 5th February 2016

ACADEMIC RESPONSIBILITIES:

Students Counselling Centre-Department of Social Work

Shrimati Indira Gandhi College, Trichy.

Association Secretary for Academic Years

2009-2010

2012-2013

2014-2015

2016-2017

2019-2020

2020-2021

PROJECT PROPOSAL

STUDENT'S PROJECT AWARDED BY TNSCST

Project title: Mental Health Problem faced by Sperm Donor Insemination Among Childless Women In Ramakrishna Nursing Home, at Tiruchirappalli District.

PROFESSIONAL SKILLS:

- To Provide Counselling and Guidance
- Program planning, monitoring and management.
- Community work: Assessment the needs, allocate the available resources in community and resources mobilization.
- Supervising social work students and coordinating internship program
- Prepared study materials for syllabus required.

CAREER RESPONSIBILITIES (2009 to till date)

- Study materials and PPT prepared for syllabus required
- Collected Educational information and taught to students during classes.
- Conveyed subject matter and lecture to the students in a creative way.
- Evaluated the students individually to identify areas of difficulties.

INDUSTRIAL, PSYCHIATRIC HOSPITALS, MEDICAL SETTING AND NON GOVT ORGANIZATIONS VISITS ORGANIZING COMMITTEE MEMBER

- Kothari Sugars India Private Ltd-Lagudi
- Modern Spinning Mill, Karur
- Kumuzhi-Tea Factory-Kerala
- Athma The Mind Center-Trichy
- Jannet Nursing Home-Trichy
- Sevai Ngo-Trichy
- Aboade Peace Trust-Lalgudi

COURSES TAUGHT/TEACHING:

Introduction to Social work and Society
Social Case Work
Social group Work
Counselling Theory and Practice
Medical Social Work
Psychiatric Social Work
Community Health
Social Work Research & Social Statistics
Human resource Management
Human resource development

Advanced Industrial relations
 Organizational Behaviour
 Rural Community Development
 Tribal Development & Project Management
 Urban Community Development

AREA OF ACEDMIC RESEARCH

- A Study on Employee Retention Techniques among GB Industries, Trichy.
- A Study on Sperm Donor Insemination Among Childless Women at Rmakrishna Nursing Home, Trichy.
- A Study On Life Style, Self Exclusion, Social Exclusion and Depression among HIV\AIDS Infected Persons in Tiruchirappalli District.

WEBINORS ATTENDED

Serial No	Date of Program	Name of the Organization/Institution	Name of the Program	Title of the Program
1	27.4.2020 to 01.5.2020 (5 Days)	ICT ACADEMY	Sky campus - Digital Knowledge series 2020- webinar	THE FUTURE IS HERE NOW
2	04.5.2020 to 08.5.2020 (3 days)	ICT ACADEMY	Sky campus - Digital Knowledge series 2020- webinar	The Future of Education, Employment & Entrepreneurship
3	08.5.2020 to 13.5.2020 (5 Days)	University Department of Information Technology (UDIT),University	Faculty Development Program	Current Trends and Future Technologies in Computing
4	08.05.2020	Perkin Elmer	Look beyond What You Can With IR Imaging	one day Webinar
5	09-05-2020	Indira Ganesan College of Education	Webinars	Debate
6	15-05-2020	Urumu Dhanalakshmi College, Trichy	QUIZ	COVID 19 AWARENESS
7	16-05-2020	Science Club, Poineer Kumaraswamy College held	QUIZE	superior Achievement in the online Quiz Tele Communication
8	20-05-2020	PG & Research Department of Economics, ADM College for Women, Nagapattinam	E QUIZE	General Economics
9	21-05-2020	Information Technology, Vigans Institute of Engineering for Women, Visagapatinam	QUIZE	PYTHON PROGRAMMING
10	22.05.2020	Research Committee, Arasu Engineering College	Webinars	Guidelines for Writing a Research Paper
11	26.5.2020 to 30.5.2020(One Week)	University Center of Research and Development(UCRD) Golgotha's University,India.	Indo-Muscat One – Week Virtual Workshop	Research Writing Skills
12	02.06.2020	Madras School of Social Work, Social Work Forum 2019-2020	Webinar	Stress Fear & Needs of Stranded Labourers & Marginalized Population
13	04.06.2020	Madras School of Social Work, Social Work Forum 2019-2020	Webinar	Implementation of Government Welfare Schemes and their Audit

14	19.5.2020& 20.05.2020	VET Institute of Arts & Science	National level Webinar	Shaping Imagination
15	19.5.2021	Sheshadripuram Evening Degree College	International Webinar	Intellectual Property Rights-2
16	24.5.21 25.5.21	Bharathidsan University	Two day online workshop	Therapeutic Intervention and Clinical Social Workers Response To Covid-19
17	24.5.21 25.5.21 26.5.21	HKBK DEGREE COLLEGE	3 day national level faculty development program	Role of Faculty in Modelling Students

**VALUE ADDED COURSE WAS TAKEN FOR TWO DEPARTMENT
ANATOMY & PHYSIOLOGY**

Value added course

LIFE STYLE & STRESS MANAGEMENT TRAINING PROGRAM

Organized By
ANATOMY DEPARTMENT
DHANALAKSHMI SRINIVASAN
MEDICAL COLLEGE AND HOSPITAL

GUEST SPEAKER

Dr. N.Hemalatha MA.,MSW.,MBA.,M.Phil.,Ph.D.

COURSE CO - ORDINATOR

Dr. Dhinesh Kumar. T MBBS. M.D (Anatomy)

Beneficiaries: 1st Year Mbbs Students

DAY	TIME	TOPIC
19. 07. 2021	5.30 pm - 6.30 pm	Introduction to Health, Wellness & Disease concepts
20. 07. 2021	5.30 pm - 6.30 pm	Sleep and Health
21. 07. 2021	5.30 pm - 6.30 pm	Physical activity and Health
22. 07. 2021	5.30 pm - 6.30 pm	Screen time and Health
23. 07. 2021	5.30 pm - 6.30 pm	Nutrition and Health
25. 07. 2021	5.30 pm - 6.30 pm	Personal hygiene and health
26. 07. 2021	5.30 pm - 6.30 pm	Substance abuse and health
27. 07. 2021	5.30 pm - 6.30 pm	Physical health effects
28. 07. 2021	5.30 pm - 6.30 pm	Mental health effects
29. 07. 2021	5.30 pm - 6.30 pm	Time management
30. 07. 2021	5.30 pm - 6.30 pm	Stress management
31. 07. 2021	5.30 pm - 6.30 pm	Anger management
01. 08. 2021	5.30 pm - 6.30 pm	Friendship/peer pressure
02. 08. 2021	5.30 pm - 6.30 pm	Team work
03. 08. 2021	5.30 pm - 6.30 pm	Teacher student relationship
04. 08. 2021	5.30 pm - 6.30 pm	Assessment and Feedback

MENTAL HEALTH

S.NO	DATE	TIME	TOPIC
1	23.08.2021	5.30-6.30 Pm	INTRODUCTION TO MENTAL HEALTH
2	24.08.2021	5.30-6.30 Pm	DOCTOR PATIENT RELATIONSHIP
3	25.8.2021	5.30-6.30 Pm	PERSONALITY DEVELOPMENT

4	26.8.2021	5.30-6.30 Pm	CHILDHOOD DISORDER
5	27.8.2021	5.30-6.30 Pm	DEPRESSION
6	28.8.2021	5.30-6.30 Pm	OBSSESSIVE COMPULSIVE DISORDER(OCD)
7	30.8.2021	5.30-6.30 Pm	EATING DISORDERS
8	31.8.2021	5.30-6.30 Pm	ATTENTION DEFICIT HYPERACTIVITY DISORDER
9	1.9.2021	5.30-6.30 Pm	MENTAL HEALTH ISSUES FACED BY MEN & WOMEN
10	2.9.2021	5.30-6.30 Pm	ADOLESCENT MENTAL HEALTH
11	3.9.2021	5.30-6.30 Pm	PERSONALITY DISORDER
12	6.9.2021	5.30-6.30 Pm	INTERNET ADDICTION DISORDER
13	7.9.2021	5.30-6.30 Pm	SUBSTANCE ABUSE DISORDER
14	8.9.2021	5.30-6.30 Pm	ANXIETY MANAGEMENT
15	9.9.2021	5.30-6.30 Pm	SEXUAL DEVIATIONS
16	13.9.2021	5.30-6.30 Pm	SUICIDE PREVENTION
17	14.9.2021	5.30-6.30 Pm	ASSESSMENT AND FEEDBACK